

**MINUTES: Healthy Carolinians of Macon County – Strengthening Families Committee**

**DATE:** September 4, 2008

**PLACE:** Health and Human Services Building

**TIME:** 12:00 N – 1:30 PM

**ATTENDEES:** Vanessa Bailey, Rebecca Barboff, Tomekia Battle, Rhonda Blanton, Jim Bottomley, Sandra Conaty, Margaret Freeman, M. R. Hall, Jane Kimsey, Paula Ledford, Susie McCoy, Kathy McGaha, Cindy Phipps and Rick Westerman

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Vanessa Bailey welcomed everyone to today’s meeting of the Strengthening Families Committee. Ms. Bailey asked the committee members to review the minutes of the last meeting. Susie McCoy motioned for the approval of the minutes. Jane Kimsey 2 <sup>nd</sup> the motion, with a unanimous vote for approval.		
Introductions	Kathy McGaha asked everyone to introduce themselves and tell what organization they represented.		
Emergency Housing Report	<p>Rick Westerman reported that he had recently attended a grant writing workshop in South Carolina. He stated this workshop was very useful and informative. He also stated that Habitat for Humanity will have a retreat on September 26<sup>th</sup>.</p> <p>Mr. Westerman stated that three properties are currently being considered for emergency housing purposes. He stated that the hope is to obtain the properties before the first of the year.</p> <p>Mr. Westerman informed the committee members of a new problem that has surfaced in our community. Several families that rent from out-of-state owners have been evicted from their houses, due to the problem of the owners not making their mortgage payments.</p>		
Family Resource Center Report	Jane Kimsey updated the committee members on the status of the Family Resource Center, with the idea of calling it a Community Resource Center. Ms. Kimsey announced that Senior Services has been approved to move to the old library building. This move would not happen before next year.		

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	<p>Ms. Kimsey said one part of the Senior Center would house the Community Resource Center. Ms. Kimsey said the hope was to have one to two computers for people to access sites like North Carolina Carelink.</p> <p>Ms. Kimsey also reported on the grant that had been applied for that would cover a community resource system including a toll free resource directory phone line for Haywood, Macon and Jackson counties. Ms. Kimsey said that these counties had been awarded a grant for \$67,000 to use for this purpose. There is a possibility 211 could be expanded from Haywood into Jackson and Macon to meet the toll free resource phone line requirement of the grant.</p>		
<p>Soup Café Report</p>	<p>Vanessa Bailey reported that lunch will be added on Tuesday's starting this coming week. Ms. Bailey also said work will also be starting on the building behind CARENET.</p> <p>Ms. Bailey said there is a 17% increase for their services for this year. Ms. Bailey said the item needed most at the current time is an icemaker. Ms. Bailey asked the committee members to keep this need in mind and pass on the need for this item to other community members.</p>		
<p>Macon Transit Information</p>	<p>Kathy McGaha and Jennifer Garrett had a meeting with Kim Angel. Ms. McGaha passed around information she had obtained while at this meeting.</p> <p>Ms. McGaha asked the committee members if they still wanted Ms. Angel to attend a meeting and answer questions and provide further information. After a group discussion, the committee members agreed upon inviting Ms. Angel to attend a future meeting. Ms. McGaha will contact Ms. Angel and invite her.</p>	<p>Kathy McGaha will ask Kim Angel to attend a future meeting and provide more information on Macon Transit.</p>	

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	<p>The questions for Kim Angel were:</p> <ol style="list-style-type: none"> <li>1) Flexibility to add stops at:               <ol style="list-style-type: none"> <li>a) Soup Café</li> <li>b) Homeless Shelter</li> <li>c) Resource Center</li> </ol> </li> <li>2) Flexibility for the future?</li> <li>3) Understanding their costs?</li> <li>4) Any thought on billing options?</li> <li>5) Future need for regular bus service?</li> </ol>		
<p>Childhood Obesity Prevention Grant</p>	<p>Kathy McGaha informed the committee members about a Childhood Obesity Prevention Grant that had been applied for. Ms. McGaha said the grant had mailed off this week and the counties awarded the grant would be announced on September 12<sup>th</sup>.</p> <p>Ms. McGaha listed the interventions to be covered for the grant and also mentioned a contact person for each component:</p> <ol style="list-style-type: none"> <li>1) Health Communications/Social Marketing Plan – Becky Barr of Macon County Public Health Center</li> <li>2) Bicycle/Pedestrian Plan – Michael Grubermann of the Town of Franklin</li> <li>3) Preschool/Child Care – Kimi Stevens of Macon County Public Health Center</li> <li>4) Healthcare – Sherry Dills of Access Care</li> <li>5) WakeMed ENERGIZE – Tiffany Pangle of Macon County Public Health Center</li> <li>6) Hospital Worksite Wellness - Teresa Breedlove of Angel Medical Center</li> <li>7) In-school Prevention of Obesity and Disease – Jennifer Garrett, School Nurse with Macon County Schools</li> </ol> <p>Additional components were:</p> <ol style="list-style-type: none"> <li>1) Schools – Sherry Held, Registered Dietitian with</li> </ol>		

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	<p>Macon County Schools</p> <p>2) Faith – Jennifer Hollifield with Macon County Public Health Center</p> <p>3) Farmer’s Market (Macon County did not do this component)</p> <p>Ms. McGaha reviewed each component and explained what each one would encompass and what individuals/groups/agencies would be involved with each one.</p>		
Other Items of Discussion	<p>Other items of discussion were:</p> <ul style="list-style-type: none"> <li>○ Rhonda Blanton passed out volunteer forms for the School Health Fairs</li> <li>○ Vanessa Bailey invited everyone to a celebration for 20 Years of Giving at CARENET on Saturday, September 27<sup>th</sup>. The event will last from 10:00 AM – 3:00 PM. Ms. Bailey encouraged everyone to attend.</li> <li>○ All committee members thanked Vanessa Bailey for agreeing to be Chair of this committee.</li> <li>○ Rhonda Blanton passed out a handout on a possible Women’s Shelter being proposed for Clay County. Macon County would be in the service area for this shelter. The committee members were very interested in this shelter and Jim Bottomley volunteered to investigate this and gather more information.</li> </ul>	<p>Jim Bottomley will investigate and gather more information on the proposed Women’s Shelter in Clay County.</p>	
Next Meeting Date	<p>The next meeting of the Strengthening Families Committee will be held on Thursday, November 6<sup>th</sup>, from 12:00 N – 1:00 PM at Macon County’s Schools Central Office.</p>		